

PERSONALITY TRAITS, PSYCHOLOGICAL WELL-BEING AND
ACADEMIC PERFORMANCE OF SELECTED CIGARETTE
SMOKERS AMONG COLLEGE STUDENTS OF CAVITE
STATE UNIVERSITY, INDANG, CAVITE

THESIS

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PERFORMANCE OF SELECTED CIGARETTE SMOKERS AMONG COLLEGE
STUDENTS OF CAVITE STATE UNIVERSITY, INDANG, CAVITE**

**An Undergraduate Thesis
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College of Arts and Sciences
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Indang, Cavite**

**In partial fulfilment
of the requirements for the degree
Bachelor of Science in Psychology**

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ABSTRACT

ASPIRAS, LYRO ANGELO C., CORRALES KATHERINE TERESA B., SAPNO, BONBRIAN B. "PERSONALITY TRAITS, PSYCHOLOGICAL WELL-BEING AND ACADEMIC PERFORMANCE OF SELECTED CIGARETTE SMOKERS AMONG COLLEGE STUDENTS OF CAVITE STATE UNIVERSITY, INDANG, CAVITE". Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite. April 2017. Adviser: Imelda R. Filart RPM.

This study was conducted from November 2016 to April 2017 in Cavite State University to find out the relationship of five aspects of personality traits, six areas of psychological well-being and academic performance of selected cigarette smoker among college students.

Descriptive correlational design is used in analysing the data. Data were gathered through the use of questionnaires adapted and modified by the researchers. Purposive sampling and snowball sampling is used to select the participants. The study was made use of mean, standard deviation, frequency, percentage, spearman rank correlation coefficient and p-value to measure the following variables.

The personality traits, psychological well-being and academic performance of the participants are in table. The relationship between personality traits and psychological well-being, personality traits and academic performance, psychological well-being and academic performance are in tables.

The participants has a high level of all aspects of personality traits. The participants has a high level of all areas of psychological well-being. The participants has a good academic performance. There is a significant relationship between personality traits and psychological well-being. There is no significant relationship between personality and

academic performance. There is no significant relationship between psychological well-being and academic performance.

The study shows that personality traits, psychological well-being and academic performance doesn't affect by smoking cigarettes. This research will break the stigma of being a smoker is equivalent to bad personality, doesn't have happiness in life, and being poor at school activities. But even if it doesn't affected by those still the researchers promotes for the students not to smoke.

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An undergraduate thesis submitted to the faculty of the Department of Social Sciences and Humanities, College of Arts and Sciences, Cavite State University, Indang, Cavite, in partial fulfillment of the requirements for the degree of Bachelor of Science in Psychology with Contribution No. _____. Prepared under the supervision of Mrs. Imelda R. Filart, RPh.

INTRODUCTION

“Whether they choose to light up their first cigarette on their own or are unwitting victims of passive smoking, Filipino youth are increasingly at risk from tobacco exposure” (Santos, Inter Press Service, 2010).

As young children, all people learned what their parents taught them about the danger of smoking. They commonly get informed through television, radio, prints and advertisements. Even at schools and university premises, those educators show facts about smoking. People even knew someone who has died from smoking-related disease. Those warnings are all around and completely unavoidable. But why do people smoke even they knew what are the consequences of their act due to their health and their intellectual capabilities?