

**MOVING TOWARDS SOBRIETY: AN EPISODIC NARRATIVE OF DRUG  
RELAPSE RESIDENTS IN SILANG, CAVITE**

Undergraduate Thesis  
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*Moving towards sobriety: an episodic  
narrative of drug relapse residents in  
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## ABSTRACT

**ALBARINA, CHRISTINE JOY -, AMBION, ANNIE CRIS E., LAYUGAN, LEIRA ANGELIKA MARIE V. Moving Towards Sobriety: An Episodic Narrative of Drugs Relapse Residents in Silang, Cavite.** Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University. Indang, Cavite. April 2019. Adviser: Mary Joyce E. Talamante, RPh.

This research examined the stories and experiences of drug relapse residents in Silang, Cavite. Specifically, it aimed to determine: their lived experiences before they relapse; what contributed to their relapse; and their life inside the rehabilitation after their relapse.

The research was conducted in Silang, Cavite on January 2019. The participants were drug relapse residents residing at a rehabilitation center, chosen regardless of gender. Their stay must be within five (5) days or more in the rehabilitation center. The researchers used phenomenological approach specifically episodic narrative. There were 8 participants in the study. The participants were men aged 20s to 40s and with different times of relapse ranging from 3 to 21.

Results of the study showed that majority of the participants had returned to their normal range of functioning and some encounter unemployment conflicts after they were discharged from the rehabilitation center. In further analysis of the study, interpersonal conflict emerges as the primary factor which leads the participants to relapse on drugs. Furthermost, majority of the participants remain optimistic and hopeful towards their life upon their re-admission in the rehabilitation center.

The extreme sadness and disappointment they felt after being discharged in a rehabilitation center resulted in having conflicts with their interpersonal relationships.



These problems with their interpersonal relationships emerged as the primary factor that contributed to their relapse. Still, majority of the participants continue to move towards sobriety.



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