

PHYSICAL EDUCATION 1

Movement Enhancement



DR. MICHELLE DUYA PUNZALAN
MARILOU C. MONDINA

PHYSICAL EDUCATION 1
MOVEMENT ENHANCEMENT
A COLLEGE TEXTBOOK

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Dr. Michelle D. Punzalan
Marilyn C. Mondina

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COLLEGE TEXTBOOK

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PUBLISHED BY
KIM 108, International Corporate Plaza Bldg.
Rectors St., Manila
WINNERS PUBLISHING CO., INC.
TEL: 02-888-8888

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ISBN: 978-621-406-158-7

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Published by: MINDSHAPERS CO., INC.
Rm. 108, Intramuros Corporate Plaza Bldg.,
Recoletos St., Manila
Telefax 527-6489
Tel. No.: 623-0384
Email: mindshapersco@yahoo.com

Lay Out/Cover Design: Erwin O. Bongalos

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Rm. 108, ICP Bldg., Recoletos St., Intramuros, Manila
Tel. No.: (02) 2546160 • Telefax: (02) 5276489
Email: mindshapersco@yahoo.com

ISBN: 978-621-406-158-7