

**SCHOOL ACTIVITIES, ANXIETY LEVEL AND SUICIDAL
IDEATION OF SELECTED PUBLIC THIRD YEAR HIGH
SCHOOL STUDENTS IN DASMARINAS CITY, CAVITE**

THESIS

KAREN JOY P. ELLOSO

MARY JANE R. SUBIA

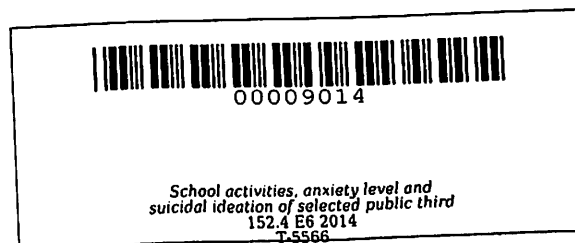
**College of Arts and Sciences
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**SCHOOL ACTIVITIES, ANXIETY LEVEL AND SUICIDAL IDEATION OF
SELECTED PUBLIC THIRD YEAR HIGH SCHOOL STUDENTS
IN DASMARIÑAS CITY, CAVITE**

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KAREN JOY P. ELLOSO
MARY JANE R. SUBIA
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ABSTRACT

ELLOSO, KAREN JOY P. AND SUBIA, MARY JANE R. School Activities, Anxiety Level and Suicidal Ideation of Selected Public Third Year High School Students in Dasmariñas City, Cavite. Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite. April 2014. Adviser: Ms. Louziela P. Masana, MA.

This study determined the relationship of school activities, anxiety level and suicidal ideation of students in selected public high schools in Dasmariñas City, Cavite. Three hundred fifty-six (356) selected public third year high school students in Dasmariñas City, Cavite were the participants of the study. The descriptive-correlational design and systematic random sampling were utilized in this study. The research instruments used in this study were the Curricular and Extracurricular Activities Inventory, Filipino Adolescent Anxiety Scale (De Guzman, 1991) and Adolescent Suicide Ideation Assessment (Diel, 2009). Descriptive statistics including frequency distribution, percentage, mean and standard deviation were used to demonstrate the students' level of participation in school activities, anxiety level and suicidal ideation. Spearman Rank was used to determine the relationship between the three variables. Statistical Software Package for Social Sciences program was used in the statistical treatment and analysis of data in this study.

The level of participation in school activities in curricular activities were average in terms of subjects and general point average, and high level in schedule. In extracurricular activities, the mean level of participation in clubs and contest were very low. It was also found out that anxiety level in terms of four dimensions were very low. The level of suicidal ideation were very low in terms of substance and alcohol abuse,

school, legal and anti-social problems, history of physical, sexual or verbal abuse, recent losses and contagion and peer problem; low level in anger and impulsivity and hopelessness and depression; and an average level in family dysfunction.

The researchers did not find significant relationship between school activities and anxiety level; and between school activities and suicidal ideation. While between anxiety level and suicidal ideation, a positive significant relationship was showed.

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Karen Joy P. Elloso and Mary Jane R. Subia

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INTRODUCTION

When a student reaches secondary level, he/she becomes active, participative, and eager to learn not only with things offered by the curricular activities of his school but also with the extracurricular activities. Those activities have corresponding duties and responsibilities needed to be performed. When these are not perfectly done, anxiety arises. At this point, there is a tendency that it may lead to suicidal ideation.

Anxiety may act as a significant function in getting in the way of academic performances. It hampers the students' abilities to execute things outstandingly in school. "Those wrecked by success," as described by Sigmund Freud, are people who are concern about how others may view them as they are unable to attend to their educational assignments (Kaplan, 2003). Anxiety is defined by Barlow (as cited by De Guzman, 2005) as the apprehension cued off by a threat to some value that the individual holds essential to his existence as a person.

According to Carison and Rasmussen (2004) as cited to the study of Silan (2010), stress, anxiety and depression in young people are increasing, resulting in suicidal