Anl 2006

13

616.203 COMPARATIVE STUDY ON THE UTILIZATION OF RADITIONALLY AND COMMERCIALLY PREPARED MEDICINES PRESCRIBED TO TREAT UPPER RESPIRATORY TRACT INFECTION (URTI) IN BRGY. KAYQUIT, INDANG, CAVITE

## SPECIAL PROBLEM

HERBERT A. ANACAY SUE G. SANTILLAN

College of Nursing CAVITESTATE UNIVERSITY Indang, Cavite

April 2006

# A COMPARATIVE STUDY ON THE UTILIZATION OF TRADITIONALLY AND COMMERCIALLY PREPARED MEDICINES PRESCRIBED TO TREAT UPPER RESPIRATORY TRACT INFECTION (URTI) IN BRGY. KAYQUIT, INDANG, CAVITE

A Special Problem Submitted to the Faculty of the College of Nursing Cavite State University Indang, Cavite

In partial fulfillment of the requirements for the degree of Bachelor of Science in Nursing



A Comparative study on the utilization of traditionally and commercially prepared 616.203 An1 2006 Sp.3226

HERBERT A. ANACAY SUE G. SANTILLAN April 2006

#### ABSTRACT .

ANACAY HERBERT A., SANTILLAN SUE G. A Comparative Study on the Utilization of Traditionally and Commercially Prepared Medicines Prescribed to Treat Upper respiratory Tract Infection (URTI) on Brgy. Kayquit, Indang, Cavite. A Special Problem, Bachelor of Science in Nursing, College of Nursing, Cavite State University, Indang, Cavite., April 2006. Adviser: Nenita B. Panaligan, R.N. and Dr. Josefina R. Rint, PhD.

This study aimed to compare the preference of the consumers between traditionally and commercially prepared medicines for the treatment of upper respiratory tract infection, (URTI). Further, it evaluated the prevalence of the use of herbal and commercial medicines available and accessible to treat URTI. Also, it determined the reasons and benefits derived from the use of herbal and commercial medicines.

Herbal medicines were highly preferred due to its effectiveness. Among the common herbal medicines used to treat URTI, oregano was the most commonly utilized in Brgy. Kayquit, Indang, Cavite.

Commercial medicines were highly preferred due to its availability and results showed that it was utilized by majority of the respondents.

### LIST OF FIGURES

| Figure |  | Page |
|--------|--|------|
|        |  | 20   |
| 1      | Conceptual Framework   | 6    |
| 2      | Comparison of the Percentage Distribution of Drug Preference   | 15   |
| 3      | Comparison of the Percentage Distribution of Drug Preference   | 16   |
| 4      | Comparison of the Percentage Distribution of Drug Preference   | . 17 |
| 5      | Comparison of the Percentage Distribution of Drug Based  | 18   |
| 6      | Comparison of the Percentage Distribution of Drug Based  | 19   |
| 7      | Percentage Distribution of the Respondents' Utilization of  The Herbal Medicines Commonly Used for Treating URTI | 20   |
| 3      | Percentage Distribution of the Respondents' Utilization of  The Commercial Drugs Commonly Used for Treating URTI | 21   |
| )      | Comparison of the Percentage Distribution on the Respondents'  | 22   |
|        |  |      |

### LIST OF APPENDIX FIGURE

| Appendix Figure |   |    |  |
|-----------------|---|----|--|
|                 |   |    |  |
| 1               | Frequency Distribution of Respondents based on Age      | 28 |  |
| 2               | Frequency Distribution of Respondents based on Gender   | 28 |  |
| 3               | Frequency Distribution of Respondents based on Religion | 29 |  |
| 4               | Frequency Distribution of Respondents based on          | :9 |  |
| 5               | Frequency Distribution of Respondents based on          | 0  |  |

## A COMPARATIVE STUDY ON THE UTILIZATION OF TRADITIONALLY AND COMMERCIALLY PREPARED MEDICINES PRESCRIBED TO TREAT UPPER RESPIRATORY TRACT INFECTION (URTI) IN BRGY. KAYQUIT, INDANG, CAVITE

Herbert A. Anacay Sue G. Santillan

A special problem presented to the faculty of the College of Nursing, in partial fulfillment of the requirements for graduation with the degree of Bachelor of Science in Nursing with Contribution No.\_\_\_\_\_. Prepared under the supervision of Mrs. Nenita B. Panaligan, R.N. and Dr. Josefina R. Rint, PhD.

#### INTRODUCTION

Upper respiratory infection (URTI) is the most common acute illness in the United States, the most common reason for absence from school or work, and the most common acute complaint seen in the ambulatory setting. URTI is also the syndrome most consistently mismanaged by primary health care providers. Variably described as "homely", "prosaic" and "plebian" in the medical literature, the topic is rarely perceived as exciting or controversial (Ramaswany, 1997).

URTI is non-specific term used to describe acute infections involving the nose, the paranasal sinuses, pharynx, larynx, trachea and bronchi (Hickner, 1998). The prototype is the illness known as the common cold. Influenza is a systemic illness that involves the upper respiratory tract and should be differentiated from other causes of URTI.