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Thesis

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# TEACHING QUALITY OF PHYSICAL EDUCATORS IN SELECTED SECONDARY SCHOOLS IN UPLAND CAVITE

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### ABSTRACT

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A study was conducted to determine the teaching quality of physical education (PE) in selected secondary schools in Upland Cavite. Specifically, the study aimed to determine the qualifications of physical education teachers; determine forms of facilities that are available to physical education teachers to enhance instruction; the teaching strategies employed by physical education teachers during class; the overall quality of teaching of physical education teachers as perceived by student; and the relationship between the qualifications of physical education teachers and the perceived quality of teaching by students.

A total of 339 senior high school students were covered in this study. Proportional sampling was employed to determine the number of student-respondents from each college. Accidental sampling was employed in selecting the student-respondents from each College. Z-test and analysis of variance (ANOVA) were utilized to establish the relationship between the qualifications of physical educators and the perceived teaching quality by students.

Findings showed that most physical educators in selected secondary schools in Upland Cavite were not qualified to teach Physical Education. Generally, their courses do not fit the required qualifications in teaching Physical Education.

A typical physical educator in selected secondary schools in Upland Cavite had at least 16 long years of experience in teaching, with permanent appointment, and has 27 hours of teaching workload per week. They are mostly teacher's board passers.

Tennis court, basketball court, track and field, and swimming pool were lacking or inadequate in selected secondary schools in Upland Cavite.

The teaching quality of physical educators in selected secondary schools in Upland Cavite was fairly satisfactory or average. Interpersonal relationship of physical educators was the least satisfactory area of teaching while teaching method was the most satisfactory.

Status of appointment was significantly related to the teaching quality of physical educators. Contractual physical educators were perceived to perform better than teachers with permanent status of appointment.

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# TEACHING QUALITY OF PHYSICAL EDUCATORS IN SELECTED SECONDARY SCHOOLS IN UPLAND CAVITE $^{\underline{1}}$

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#### INTRODUCTION

High school students are experiencing a phase in their development in which they are attempting to make sense out of who they are and how they will live their lives as adults. The transition from adolescence to adulthood is a key issue during the high school years. Activities and environment during high school affect the adolescent's life both socially and psychologically. Physical education can play an important role in that transition. Positive self-concept development is an outgrowth of a number of positive experiences encountered through physical activity. Social development results from interactions between peers as they learn to work cooperatively in small, medium and large groups. Physical education contributes to students' academic and intellectual growth as it provides knowledge and understanding about their bodies and how they function with exercise and without exercise. Students learn how to achieve physical fitness and the importance of maintaining an active lifestyle for a lifetime. They are