

MAY FOREVER: COMMITMENT, CONFLICT RESOLUTION  
STYLES, AND SATISFACTION LEVEL OF COUPLES  
WITH LONG LASTING MARRIAGES IN THE  
SELECTED AREAS OF CAVITE

THESIS

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## ABSTRACT

**AROLLADO, ALLYSA MARIE S., SAMANIEGO, MIKAELLA JANINE G., SARAIL, HANA MAE C. *May Forever: Commitment, Conflict Resolution Styles and Satisfaction Level of Couples with Long Lasting Marriages in the Selected Areas of Cavite.*** Undergraduate thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite. April 2019. Adviser: Ms. Mary Jane A. Amparo, Rpm.

This study sought to determine the commitment level of couples with long lasting marriages; the satisfaction level of married couples; the conflict resolution styles of the married couples in terms of avoiding, accommodating, compromising, collaborating, and competing; significant relationship between commitment and conflict resolution styles; significant relationship between satisfaction level and conflict resolution styles; significant relationship between commitment and satisfaction level; and which among commitment and conflict resolution styles is the main predictor of the satisfaction level of married couples with long lasting marriages.

The study made use of descriptive correlational research. Instruments used in the data gathering were the Rusbult Commitment Scale by Carly Rusbult (1998), Thomas-Kilmann Conflict Mode Instrument by Kenneth Thomas and Ralph Kilmann (1974), and Burns Relationship Satisfaction Scale (BRSS) by David Burns (1993), and the participants were couples who were already married for 25 years or more.

Using Slovin's formula and purposive sampling technique, 400 participants were identified. The statistical measures employed were percentage and frequency, standard deviation, mean, and Chi-Square.

Based on the findings, it was revealed that the married couples had a high level of commitment. The study also revealed that majority of the married couples commonly used avoiding conflict resolution style and the least common used was the competing. It was also revealed that the couples have a high level of satisfaction.

The two null hypotheses were accepted, meaning there was no significant relationship between commitment and conflict resolution styles, and between satisfaction level and conflict resolution styles. The alternative hypothesis was accepted, implying that there was a significant relationship between commitment and satisfaction level.

## TABLE OF CONTENTS

	<b>Page</b>
<b>BIOGRAPHICAL DATA</b> .....	iii
<b>ACKNOWLEDGMENT</b> .....	vi
<b>ABSTRACT</b> .....	xi
<b>LIST OF TABLES</b> .....	xv
<b>LIST OF APPENDICES</b> .....	xvi
<b>INTRODUCTION</b> .....	1
Statement of the Problem .....	4
Hypotheses .....	5
Significance of the Study .....	5
Time and Place of the Study .....	7
Scope and Limitation of the Study.....	7
Definition of Terms .....	11
Theoretical Framework.....	8
Conceptual Framework .....	10
<b>REVIEW OF RELATED LITERATURE</b> .....	13
<b>METHODOLOGY</b> .....	22
Research Design .....	22
Participants of the Study .....	22
Sampling Technique .....	23
Data Gathered .....	23

Statistical Analysis .....	27
Ethical Considerations .....	28
<b>RESULTS AND DISCUSSION .....</b>	<b>29</b>
<b>SUMMARY, CONCLUSION, AND RECOMMENDATION .....</b>	<b>40</b>
Summary .....	40
Conclusion .....	41
Recommendation .....	43
<b>REFERENCES .....</b>	<b>46</b>
<b>APPENDICES .....</b>	<b>51</b>

## LIST OF TABLES

<b>Table</b>		<b>Page</b>
1	Level of commitment of couples with long lasting marriage.....	30
2	Conflict resolution styles of couples with long lasting marriage .....	32
3	Level of Satisfaction of couples with long lasting marriages.....	35
4	Significant relationship of commitment and conflict resolution styles.....	37
5	Significant relationship of conflict resolution styles and satisfaction level ....	38
6	Relationship between commitment and satisfaction level .....	39

## LIST OF APPENDICES

<b>Appendix</b>		<b>Page</b>
1	Approval of thesis title .....	52
2	Request for proposal defense .....	54
3	Certificate of completion of thesis proposal .....	56
4	Approved letter for conduct of thesis study .....	58
5	Informed consent .....	60
6	Research Instruments .....	62
7	Certifications .....	80
8	Statistical analysis .....	86
10	Comment and suggestions .....	95
11	Program of work .....	98
12	Budgetary estimates .....	100
13	Routing slip .....	103
14	Completion form .....	105
15	Curriculum vitae .....	107



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**INTRODUCTION**

Marriage is the process by which two people make their relationship official and permanent. It joins two people in a bond that lasts until death. A lot happens over time, personalities change, bodies age, and romantic love decreases, and no marriage is free of conflict (Psychology Today, 2018). Marriage is special for everyone especially in the Philippine context. In the Philippines before they move in to the house of their partner, they must be married. Being married to the one they are in a relationship with is easy, but maintaining the relationship itself is very hard. There may be hardships and misunderstandings due to miscommunications but in the end, it is still their choice if they will decide to wrap it up and make things right and remain in love.