EMOTIONAL INTAILIGENCE AND SELF-EFFICACY OF POLICE OFFICERS OF DASMARINAS CITY

THESIS

REGINE ANN L. MOJICA MARIA EUNICIA S. ROA

College of Arts and Sciences

CAVITE STATE UNIVERSITY

Indang, Cavite

EMOTIONAL INTELLIGENCE AND SELF- EFFICACY OF POLICE OFFICERS OF DASMARIÑAS CITY

Undergraduate Thesis
Submitted to the Faculty
of the College of Arts and Sciences
Cavite State University
Indang, Cavite

In partial fulfillment of the requirements for the degree Bachelor of Science in Psychology



Emotional intelligence and self-efficacy of police officers of Dasmari vas City 152.422 M72 2014 T-5470

REGINE ANN L. MOJICA MARIA EUNICIA S. ROA April 2014

ABSTRACT

MOJICA, REGINE ANN L. and ROA, MARIA EUNICIA S. Emotional Intelligence and Self- Efficacy of Police Officers of Dasmariñas City. Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University- Main Campus, Indang, Cavite. March 2014. Adviser: Ms. Vivian D. Rogando, MA.

This study was conducted to determine the relationship between Emotional Intelligence and Self- Efficacy among the Police officers in Dasmariñas City. Specifically, this study aimed to determine the: (1) level of emotional intelligence of police officers; (2) level of self-efficacy of the police officers; and (3) significant relationship between emotional intelligence and self- efficacy of the police officers. The researchers used descriptive correlational design for their study. There were (164) one hundred sixty-four participants. The researchers used total enumeration wherein all the police officers, because their number was few and limited.

The data gathered were statistically treated using Mean, Frequency, Percentage, Standard Deviation, and Spearman Rank Correlation Coefficient. Results revealed that the scores of the Emotional Intelligence and Self- Efficacy level have a significant relationship.

Police officers were emotionally skilled, were able to manage and control their negative emotions. They were good in handling their emotions as well as the emotions of other people. They believed in their own abilities to succeed in spite of failures and challenges. The police officers usually do not quit from their tasks but instead they were dedicated to achieve their goals. They believed in their own capabilities and managed their difficult job while giving their best effort in performing a task.

TABLE OF CONTENTS

	Page
TITLE PAGE	i
APPROVAL SHEET	ii
BIOGRAPHICAL DATA	iii
ACKNOWLEDGEMENT	
ABSTRACT	v
	vii
TABLE OF CONTENTS.	viii
LIST OF TABLES	x
LIST OF APPENDICES	xi
LIST OF FIGURES	xii
INTRODUCTION	1
Statement of the Problem	5
Objectives of the Study	5
Hypothesis	6
Theoretical Framework	6
Conceptual Framework	9
Significance of the Study	10
Scope and Limitation	11
Definition of Terms	11
REVIEW OF RELATED LITERATURE	13
Synthesis	37

METHODOLOGY	39
Participants of the Study	39
Time and Place of the Study	40
Data Gathering Procedure	41
Research Instruments	41
Statistical Analysis	47
RESULTS AND DISCUSSION	48
SUMMARY, CONCLUSION AND RECOMMENDATION	78
Summary	78
Conclusion	7 9
Recommendations	80
REFERENCES	82
APPENDICES	88

LIST OF TABLES

Table		Page
1.	Level of emotional intelligence in terms of coaching others emotion of the participants	49
2.	Level of emotional intelligence in terms of emotional awareness of the participants	51
3.	Level of emotional intelligence in terms of empathy of the participants.	54
4.	Level of emotional intelligence in terms of managing ones emotion of the participants.	57
5.	Level of emotional intelligence in terms of self motivation of the participants.	61
6.	Overall level of emotional intelligence of the participants	63
7.	Overall level of Self- Efficacy of the participants	67
8.	Relationship between emotional intelligence and self-efficacy level	71

LIST OF APPENDICES

Appendix		Page
1	Request Letter for Oral Defense	89
2	General Comments and Suggestions.	91
3	Request Letter for Conducting.	93
4	Certificate of Validation	97
5	Certification of Reliability	101
6	Certificate from the Statistician	103
7	Program of Work	105
8	Budget Estimate Form	109
9	Statistical Results	112
10	Curriculum Vitae	118

LIST OF FIGURES

Figure		
1. Relationship of Emotional Intelligence and Self-Efficacy Level of Pol	ice	
Officers of Dasmariñas City	9	

EMOTIONAL INTELLIGENCE AND SELF EFFICACY OF POLICE OFFICERS OF DASMARIÑAS CITY

Regine Ann L. Mojica and Maria Eunicia S. Roa

An undergraduate thesis manuscript presented to	the faculty of the Department of Social
Sciences and Humanities, College of Arts and Sc	iences, Cavite State University, Indang,
Cavite in partial fulfillment of the requirements:	for graduation with degree Bachelor of
Science in Psychology with Contribution No.	prepared under the
supervision of Ms. Vivian D. Rogando, MA.	

INTRODUCTION

It is known that police officers are accountable for the control and order in a community. They protect lives and property through the enforcement of laws and ordinances (Police Duties, 2006). Police officers deal with people of all races, cultures, ages, ethnicities and background. And it is their duty to protect the people and the society from dangerous people. A police officer must be trust worthy and have integrity with their job. But now the society view police officers as part of some illegal activities in the country and some of these police protect those criminals for their own sake. The Philippine National Police has had a long history of corruption, unethical behaviour, human rights abuses and internal institutional issues which have resulted in problems of unethical behaviour, bad governance and mismanagement (Varona, 2011). And it is hard for government institutions like PNP to clean up the mess of their own people. But according to "Plans and Program" of PNP, with the help of the government, they were able to implement programs that will enhance the intrapersonal and interpersonal skills of