

**STRESSORS, TEACHING MOTIVATION AND WORK
PERFORMANCE OF DAYCARE WORKERS
IN BACOR CITY**

THESIS

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**STRESSORS, TEACHING MOTIVATION AND WORK PERFORMANCE OF
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ABSTRACT

AMORA, MARIBEL B. and BUID, SUZETTE V. Stressors, Teaching Motivation and Work Performance of Day Care Workers in Bacoar City. Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University. April 2014. Thesis Adviser. Ms. Imelda R. Filart.

The study generally aimed to determine the relationship of stressors, teaching motivation and work performance of Day Care Workers in Bacoar City. Specifically, the study aimed to determine the (a) common teaching related stressors of Day Care Workers, (b) teaching motivation of Day Care Workers, (c) the work performance of Day Care Workers, (d) the significant relationship between stressors and teaching motivation of Day Care Workers, (e) significant relationship between stressors and work performance of Day Care Workers and (f) the significant relationship between teaching motivation and work performance of Day Care Workers.

Descriptive correlational design was utilized in this study. Total Enumeration technique was employed to identify the participants of the Day Care Workers in Bacoar City. Forty-six (46) Day Care Workers from Bacoar City were the participants for this study. Descriptive statistical analysis such as frequency, percentage, mean and standard deviation were used to analyze and to know the common measures of the data gathered. Spearman Rank Correlation was used to determine relationship of stressors, teaching motivation and work performance. Three sets of instruments were used, namely: Teacher's Stress Inventory that consists of 30 items and used to gain the relevant information for determining teachers' stress-related factors within the context of the school and work situation; Teaching Motivation Inventory is a 15-item short scale assessing situational work motivation for teachers, and Work Performance Inventory, a

30-item inventory that determines the work performance of Day Care Workers. The Teacher Stress Inventory has computed cronbach's alpha 0.8684, Work Motivation Inventory has 0.8419 and Work Performance Inventory has 0.9708.

Findings showed that most of the time, Day Care Workers in Bacoar City considered salary and students as their major problems. Although salary and students were on a very noticeable level but in general all stressors were on barely noticeable level which means that Day Care Workers were usually affected by the stressors. On the other hand, the teaching motivation of Day Care Workers was on high teaching motivation which means that majority of them performed their work easily because of the enjoyment and willingness on what they were doing. Results revealed that both attitudes towards teaching and students fell on very high work performance, this indicates that Day Care Workers valued their time and finished their task. Findings of the study also revealed that stressors have no significant relationship to teaching motivation. Likewise, no significant relationship existed between stressors and work performance. More so, significant relationship was found out between teaching motivation and work performance.

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STRESSORS, TEACHING MOTIVATION AND WORK PERFORMANCE OF DAY CARE WORKERS IN BACOR CITY

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INTRODUCTION

Education is the factor that leads every individual to be knowledgeable on different aspects. This is a wealth of knowledge acquired by an individual after studying particular subject matters or experiencing life lessons that provide an understanding of something (Web Finance, 2013).

An educator helps certain being to keep updated and be skilled even at their early ages. Day Care Centers cater to children aged 3 to 6 and are being manned by highly trained Day Care workers skilled with early childhood education knowledge facility (Howard, 2011). Their great responsibility of giving the early foundations of education to young generations is important in our community. The Article 1 of the Child and Youth Welfare Code under the Presidential Decree No. 603, 1974, gave emphasis on the Child as *“one of the most important assets of the nation”*. This indicates the fact of exerting effort and enhancing opportunities in giving the children happy and useful life by education. Similarly, in the Section 17, Chapter 2 of the Local Government Code, the