

**EXPOSURE TO SOCIAL NETWORKING, SELF- CONCEPT AND INTERPERSONAL
RELATIONSHIP OF SELECTED HIGH SCHOOL STUDENTS OF
TAGAYTAY CITY NATIONAL HIGH SCHOOL**

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ABSTRACT

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This study was conducted to (1) determine the exposure to social networking in terms of: (a) types of social networking sites, (b) number of hours per day, (c) frequency of usage (days in a week); (2) determine the level of self – concept; (3) determine the level of interpersonal relationship; (4) relationship between exposure to social networking and to the level of self- concept; (5) relationship between exposure to social networking and to the level interpersonal relationship; and (6) relationship between the level of self- concept and level of interpersonal relationship of the participants.

The researcher made used of descriptive correlation type of study. The participants were 340 selected high school students of Tagaytay City National High School. The researcher used two sets of survey questionnaires to gather information needed in the study. The Pasao Self- Concept and self- made Interpersonal Relationship Scale.

Based on the obtained results, it reveals that majority of the participants used Facebook at least 2 – 3 hours per day. The frequency of usage of the participants was at least 3 days in a week, therefore the exposure level was in the average level. It also reveals that participants had a high level of self- concept and high level of interpersonal relationship. It means that the participants have a strong emotional ties with their families, while attention and trust were felt.

They know themselves well, their existence in this world, and they have admittance of consciousness. The participants also have high communication and social skills. They can relate and balance their relationship with other people and they can interact normally with the environment like their families and have a good relationship with them. They interact with other people almost all the time and enjoy interacting with other people.

The relationship of exposure to social networking and level of self- concept has no significant relationship; the relationship of exposure to social networking and level of interpersonal relationship likewise has no significant relationship, but, and the relationship between level of self- concept and level of interpersonal relationship has significant relationship.