

**EMPATHIC LISTENING AND MARITAL SATISFACTION  
OF DUAL-EARNER COUPLES IN BARANGAY  
POBLACION ZONE I-IV DASMARINAS  
CITY, CAVITE**

**THESIS**

**CYNDIE L. RAMOS  
MAYAN P. TOLEDO**

**College of Arts and Sciences  
CAVITE STATE UNIVERSITY  
Indang, Cavite**

**April 2014**

**EMPATHIC LISTENING AND MARITAL SATISFACTION OF DUAL-EARNER  
COUPLES IN BARANGAY POBLACION ZONE I-IV  
DASMARIÑAS CITY, CAVITE**

Undergraduate Manuscript  
Submitted to the faculty  
of the College of Arts and Sciences  
Cavite State University  
Indang, Cavite

In partial fulfillment of the  
requirements for the degree  
Bachelor of Science in Psychology



*Emphatic listening and marital  
satisfaction of dual-earner couples in  
306 8 R14 2014  
1-5453*

**CYNDIE L. RAMOS  
MAYAN P. TOLEDO  
April 2014**

## **ABSTRACT**

**RAMOS, CYNDIE L. AND TOLEDO, MAYAN P. Empathic Listening and Marital Satisfaction of Dual-Earner Couples in Barangay Poblacion Zone I-IV Dasmariñas City, Cavite.** Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite. April, 2014. Adviser: Vivian D. Rogando, MA.

This study was conducted to determine the demographic profile, level of empathic listening, and level of marital satisfaction of couples. The difference between the level of empathic listening and level of marital satisfaction among husbands and wives was determined. And, the significant relationship between empathic listening and marital satisfaction was identified. A comparative-correlation design was used in the study making use of Empathic Listening Scale and Marital Satisfaction Scale as research instruments. The participants were 69 dual-earner couples from Dasmariñas City, Cavite. Frequency counts, percentage, mean, standard deviation, Mann–Whitney U test, and Spearman rank correlation coefficient were the statistical measures employed to analyze the data.

The findings revealed both husbands and wives fall on the high level of empathy and high level of marital satisfaction. On the other hand, it was also revealed that the level of empathic listening and level of marital satisfaction were significantly related. Results imply that high empathic listening relates to high level of marital satisfaction. Because of the significant relationship between level of empathic listening and level of marital satisfaction, it is recommended that couples may preserve their empathic listening skills and satisfaction about their marriage to maintain a harmonious relationship within the family.

## **TABLE OF CONTENTS**

	<b>Page</b>
APPROVAL SHEET .....	ii
BIOGRAPHICAL DATA .....	iii
ACKNOWLEDGMENT .....	v
ABSTRACT .....	vii
TABLE OF CONTENTS .....	viii
LIST OF TABLES .....	x
LIST OF APPENDICES .....	xi
INTRODUCTION .....	1
Statement of the Problem .....	4
Theoretical Framework .....	5
Conceptual Framework .....	10
Hypotheses of the Study .....	11
Objectives of the Study .....	11
Significance of the Study .....	12
Scope and Limitation of the Study .....	13
Definition of Terms .....	14
REVIEW OF RELATED LITERATURE .....	15
Synthesis .....	33
METHODOLOGY .....	35
Research Design .....	35
Sampling Procedure .....	36

<b>Participants of the Study .....</b>	<b>36</b>
<b>Time and Place of the Study .....</b>	<b>36</b>
<b>Data Gathering Procedure .....</b>	<b>36</b>
<b>Research Instrument .....</b>	<b>37</b>
<b>Validation of Questionnaires .....</b>	<b>40</b>
<b>Statistical Treatment of Data .....</b>	<b>40</b>
<b>RESULTS AND DISCUSSION .....</b>	<b>42</b>
<b>Demographic Profile .....</b>	<b>42</b>
<b>Level of Empathic Listening .....</b>	<b>46</b>
<b>Level of Marital Satisfaction .....</b>	<b>48</b>
<b>Difference between Level of Empathic Listening among Couples .....</b>	<b>50</b>
<b>Difference between the Level of Marital Satisfaction among Couples .....</b>	<b>51</b>
<b>Relationship between Empathic Listening and Marital Satisfaction .....</b>	<b>53</b>
<b>SUMMARY, CONCLUSION AND RECOMMENDATIONS .....</b>	<b>56</b>
<b>Summary .....</b>	<b>56</b>
<b>Conclusion .....</b>	<b>57</b>
<b>Recommendations .....</b>	<b>58</b>
<b>REFERENCES .....</b>	<b>59</b>
<b>APPENDICES .....</b>	<b>67</b>

## **LIST OF TABLES**

<b>Table</b>		<b>Page</b>
1	Interval Weighted Mean of Active-Empathic Listening Scale .....	37
2	Interval Weighted Mean of Marital Satisfaction Scale .....	39
3	Age of dual-earner couples .....	42
4	Number of children of dual-earner couples .....	43
5	Length of marriage of dual-earner couples .....	44
6	Monthly income of dual-earner couples .....	45
7	Level of empathic listening of husbands .....	46
8	Level of empathic listening of wives .....	47
9	Level of marital satisfaction of husbands .....	48
10	Level of marital satisfaction of wives .....	49
11	Difference between the level of empathic listening among husbands and wives .....	50
12	Difference between the level of marital satisfaction among husbands and wives .....	52
13	Relationship between the level of empathic listening and marital satisfaction of dual-earner couples .....	53

## **LIST OF APPENDICES**

<b>Appendix</b>		<b>Page</b>
1	Permit Letter .....	68
2	Instrument .....	76
3	Certificate of Validation .....	84
4	Certificate of Test of Reliability .....	88
5	Certification of Statistician .....	90
6	Approval of Thesis Revision .....	92
7	Certification of English Critic .....	95
8	Routing Slip .....	97
9	Program of Work .....	99
10	Budget Estimates .....	102
11	Curriculum Vitae .....	104

**EMPATHIC LISTENING AND MARITAL SATISFACTION OF DUAL-EARNER  
COUPLES IN BARANGAY POBLACION ZONE I-IV  
DASMARIÑAS CITY, CAVITE**

**Cyndie L. Ramos and Mayan P. Toledo**

---

An undergraduate thesis manuscript submitted to the faculty of Department of Social Science and Humanities, College of Arts and Sciences, Cavite State University Main Campus, Indang, Cavite in partial fulfilment of the requirements for the degree Bachelor of Science in Psychology with Contribution No. \_\_\_\_\_. Prepared under the supervision of Ms. Vivian D. Rogando, MA.

---

## **INTRODUCTION**

“The world today is characterized by changes and contrasts,” (Ramos, 1997). What we used to do and believe before may not be applicable today. Just like in the aspect of work, people traditionally consider men as the breadwinner. They are the one responsible in supporting the basic needs of the family. But nowadays, both men and women are striving to earn a living due to the rapid changes in the society.

Due to this change in the working set-up of couples, time spent with each other is mostly affected. As stated in the study of Cosp and Román (2010) time spent with the family of dual-earner couples is lesser compared to the time spent with the family of single-earners. It was also found out that the different time schedule of dual-earner couples reduce their time with each other but has a different effect to their children. Papalia, Olds, and Feldman (1998) also stated that dual-earner couples has difficulty in dealing with time, energy, conflicts, rivalry, anxiety, and guilt. So due to less time spent with each other the relationship of the two and other family members may be affected, specifically in terms of their communication.