



PRODUCTIVITY

GET MOTIVATED, GET ORGANISED
AND GET THINGS DONE

GILL HASSON

Bestselling author of *Mindfulness* and *Emotional Intelligence*

Productivity

Get motivated, get organized, and get things done

Gill Hasson



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GET THINGS DONE IN A WAY THAT WORKS BEST FOR YOU.

Do you want to get more done with less stress? Being productive involves finding your own rhythm and getting things done in a way that works best for **you**; according to your circumstances, your skills and abilities, and the time, energy and resources you have.

DEVELOP YOUR OWN PRODUCTIVITY MINDSET WITH A POSITIVE, ADAPTABLE AND FLEXIBLE APPROACH.

Personal development author Gill Hasson shares her approach to personal productivity – helping you determine what works best for you in prioritising your goals, managing your time and organising your life. *Productivity* will help you:

- Identify what's stopping you from being more productive
- Balance your work and personal life
- Plan your time more purposefully
- Identify the best time of day to get things done
- Manage difficulties, stress and setbacks

Rather than work harder, work smarter. *Productivity* shows you how! It explains how to get things done efficiently and effectively on your own terms and in your own way.

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