

**AWARENESS AND IMPORTANCE OF MENTAL HEALTH TO SELECTED  
SECURITY PERSONNEL IN CAVITE STATE UNIVERSITY.  
MAIN CAMPUS**

**Undergraduate Thesis  
Submitted to the Faculty of the  
College of Criminal Justice  
Cavite State University  
Indang, Cavite**

**In Partial Fulfillment  
of the Requirements for the Degree  
Bachelor of Science in Industrial Security Management**

**GIL JOSHUA M. MALABUYOC  
NATHANNIEL A. NUESTRO  
JUSTINE AIRA C. PEREÑA**

**June 2022**



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*Awareness and importance of mental health  
to selected security personnel in Cavite*  
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## ABSTRACT

**PEREÑA, JUSTINE AIRA C., NUESTRO, NATHANIEL A., MALABUYOC, GIL JOSHUA C.**

Awareness and Importance of Mental Health to Selected Security Personnel in Cavite State University Main-Campus. Undergraduate Thesis. Bachelor of Industrial Security Management. Cavite State University, Indang, Cavite. 2022. Thesis Adviser: Ms. Silkie C. Tuguinay, MSCJ

The study was conducted at Cavite State University Main Campus. It aimed to determine the level of awareness and importance of mental health to security personnel of Cavite State University-Main Campus on mental health, as well as to figure out the relationships between awareness and its importance.

This study used descriptive correlational type of research where it assessed the relationships of the two variables. Primary data were gathered through online survey questionnaires given and distributed to the participants, and convenience sampling was used in order to consider their free time and availability. The research instrument used in this study is close-ended survey questionnaire, distributed through google forms and other social media platforms. The respondents are composed of 35 security personnel, with seven organic and 27 outsourced security personnel, from Cavite State University-Main Campus.

The results showed that participants are moderately aware and place a high level of importance on mental health. Moreover, there is no significant relationship between the two variables.

**Keywords:** *Awareness, Importance, Mental health, Security personnel*

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# **AWARENESS AND IMPORTANCE OF MENTAL HEALTH TO SELECTED SECURITY PERSONNEL IN CAVITE STATE UNIVERSITY-MAIN CAMPUS**

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Nathanniel A. Nuestro  
Justine Aira C. Pereña**

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## **INTRODUCTION**

“Quality, accessible primary health care is the foundation for universal health coverage and is urgently required as the world grapples with the current health emergency, we need to make mental health a reality for all – for everyone, everywhere,” (Duque, 2020). In 2018, the state affirms the basic right of all the Filipinos to mental health and directed to comply with Republic Act.11036, otherwise known as the "Mental health law". In accordance with R. A. 11036 Chapter V of Mental Health Act, it establishes mental health education and its promotion in educational institutions and the workplace. Section 25 emphasizes the promotion of mental health in the workplace and its policies, wherein employers must implement effective mental health policies and services, eliminate stigma and prejudice associated with mental illnesses, and recognize and provide care for people with mental illnesses seeking treatment and psychosocial support. (Republic Act 11036, Section 25, 2018). Recently, there has been a growing interest in studying the challenges and trials that we are facing amidst the pandemic. Studies suggest that the security personnel who are exposed to different people have higher involvement in mental health issues.