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SURVEY AND IDENTIFICATION OF MEDICINAL PLANTS
IN SELECTED UPLAND TOWNS OF CAVITE

COLLEGE OF ARTS AND SCIENCES

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(An Undergraduate Thesis
Submitted to the Faculty of the
Cavite State University
Indang, Cavite

In Partial Fulfillment of the
Requirements for the Degree of
Bachelor of Science in Biology
(Major in General Biology)

8091- Tolentino copy
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April 1999

ABSTRACT

ANGCAYA, RAQUEL T. April 1999. "Survey and Identification of Medicinal Plants in Selected Upland Towns of Cavite" An Undergraduate Thesis, Bachelor of Science in Biology (Major in General Biology)

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The study was conducted to (1) document the herbal medicines commonly used by the local folks Mendez, Indang and Tagaytay, (2) determine how they were prepared and used for common ailments, and (3) determine the total number of herbolarios in selected towns of Cavite.

A total of 300 respondents coming from nine different barangays of Mendez, Indang and Tagaytay were interviewed.

The respondents from three upland towns of Cavite used herbal medicines as treatment to common ailments. Oregano (8%) was the most popular herbal medicine. The second common plant was damong maria (6.3%) > *kalamansi* (6%) > *atsuete* = *katakata* = *lagundi* (5.6%) > *mayana* (5.3%) > *bawang* (5%) > *ampalaya* = *makabuhay* = *sambong* (4.6%) > *bunga* = *pansit-pansitan* = *sampalok* (4%) > *luya* (3.6%) > *kulitis* = *makahiya* = *tanglad* (3%) > *abukado* = *alagaw* (2.6%) > *mais* (2.3%) > *akapulko* (2%) > *alugbati* (1.3%) > *kasoy* = *herba buena* (1%) > *kamoteng Kahoy* (0.6%).

Among the three methods of administration, boiling (50.6%) was the most commonly used preparation > crushing (21%) > extraction (15%).

It was learned that the three upland towns of Cavite have 15 herbolarios distributed as follows: Tagaytay (7), Mendez (5), and Indang (3).

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