

IMPACT OF THE SPORTS INVOLVEMENT LEVEL TO
STUDENTS IN CAVITE STATE UNIVERSITY
MAIN CAMPUS

THESIS

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ABSTRACT

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This study entitled "Impact of the Sports Involvement Level to Students in Cavite State University Main-Campus".

Specifically, the study aimed to answer the following questions:

- 1) What is the demographic profile of Cavite State University students in terms of:
 - a. age
 - b. sex
 - c. year level: and
 - d. playing years?
- 2) What is the impact of the sports involvement level to students in Cavite State University Main- Campus?
- 3) What is the impact of the sports involvement level to students in Cavite State University Main- Campus students in terms of:
 - a. physical
 - b. social
 - c. emotional
 - d. mental
- 4) Is there a significant difference among the physical, social, emotional, and mental impact of the sports involvement level to students in Cavite State University Main- Campus?

5) Is there a significant relationship between the impact of the sport involvement level to students in Cavite State University Main- Campus with their demographic characteristics?

The study was conducted at Cavite State University- Main campus, Indang, Cavite. Descriptive research design was used in this study. There were 390 students served as participants in the study.

The result showed that age, sex and playing years were significantly related to the players' perceived impact of the sports level participation. While, sports events and year level were found to be not significantly related.

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IMPACT OF SPORTS INVOLVEMENT LEVEL TO STUDENTS IN CAVITE STATE UNIVERSITY MAIN CAMPUS

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INTRODUCTION

Athletes are not only for fun or for themselves only, but to be significant to other through, first to emphasize their abilities in specific games, second the knowledge on the sports, responsibilities being a proactive between study and being players, and third to help out others to motivate themselves. Sports participation could be attributed to general health status attitudes to sports, general satisfaction with life and self-motivations.

Cavite State University is one of the universities in Cavite with an outstanding performance in sports for the past year important part to numerous championship battles for Cavite State University that was led by coach. A coach is someone who leads the team and helps enhance the skills and talents of each member. This will be the main trust of this study to know how high is the sports level participation of athletes who are not in the College of Physical Education and Recreational Management likewise the impact of their sports level.

It is normal for College of Physical Education, majors to have a very active sports participant considering the importance of the latter to the course, how about