

ATTACHMENT STYLE, SEPARATION ANXIETY AND SOCIAL
RELATIONSHIP OF FEMALE FRESHMEN OCCUPANTS
OF DORMITORIES IN CAVITE STATE
UNIVERSITY MAIN CAMPUS

THESIS

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**ATTACHMENT STYLE, SEPARATION ANXIETY AND SOCIAL RELATIONSHIP OF
FEMALE FRESHMEN OCCUPANTS OF DORMITORIES IN CAVITE STATE
UNIVERSITY MAIN CAMPUS**

Undergraduate Thesis
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Department of Social Sciences and Humanities
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In partial fulfillment of the
requirements for the degree
Bachelor of Science in Psychology



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ABSTRACT

DELA CRUZ, PRINCESS NIÑA G., PEÑA, ALYSSA MARI M., and YRAD, JOANETH JOYCE T., Attachment Style, Separation Anxiety and Social Relationship of Female Freshmen Occupants of Dormitories in Cavite State University Main-Campus. Thesis manuscript. Bachelor of Science in Psychology. Cavite State University Indang, Cavite. April 2016. Adviser: Ms. Armi Grace B. Desingano, MaEd.

This study was conducted to determine the attachment style, separation anxiety and social relationship of female freshmen occupants of dormitories in Cavite State University main-campus. Specifically it also sought to determine: 1) the attachment style of the students in terms of secure attachment, avoidant attachment, ambivalent attachment and disorganized attachment; 2) the level of separation anxiety of the student; 3) the level of social relationship of the student in terms of: peers and house parents; 4) the significant relationship between attachment style and separation anxiety; 5) the significant relationship between attachment style and social relationship; and 6) the significant relationship between separation anxiety and social relationship of the selected female freshmen occupants of dormitories in Cavite State University Main Campus.

The female freshmen occupants of dormitories in CvSU Main Campus from International House II and Pink Dorm were all the participants of the study regardless of their age, courses and must be enrolled in the second semester of academic year 2015-2016. The total was 107 participants.

Based on the result of the study, the researchers found out that the majority of the participants were slightly with secure attachment, this means that they are comfortable on depending to others and they worry less about being abandoned. They also become easily close to others and have no worry when someone is being close to them. Furthermore the

result revealed that the separation anxiety of the student was in the low average means that participants has a low possibility of having a separation anxiety which means that they can live without their parents while the social relation of them was average which means they had an unstable relationship towards their peers and house parents which they can socialize and also capable of being alone and not socializing with them.

Also the result shows that there was no relationship between attachment style and separation anxiety, attachment style and social relationship, and separation anxiety and social relationship.

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INTRODUCTION

Everyone needs someone to be with. Since everyone had undergone the infancy stage of life, they need the love of parents and family. They can't live without someone who will help them to adjust in their environment, and with people that surrounds them. As people grow up they learn many things with the help of other people. But who help them first to adjust with these circumstances? Parents played an important role during this stage; they help them to cope with everything they tend to experience in life whether it's hard or not. Parents teach them how to be strong so that they can do things on their own. But during the process of growing up, some children can't adjust to their environment easily even with their parents beside them. This situation is very evident in children who go to school. They cry when they learn they're being separated from their parents. But these scenarios are common for children because their social relationship is not yet fully developed. But what if the person is in adolescent stage? Are they capable enough to stand on their own?