

**DEVELOPMENT AND VALIDATION OF A SOCIAL ANXIETY SCALE FOR  
CAVITE STATE UNIVERSITY STUDENTS**

Undergraduate Thesis  
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## ABSTRACT

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The development and validation of this social anxiety scale was done to create a scale that could measure the social anxiety levels of Cavite State University (CVSU) main campus students, and as a preliminary attempt to develop a culture-based social anxiety scale for Filipinos. Generally, this study aimed to: 1. determine the dimensions of the social anxiety scale; 2. establish the psychometric properties of the scale; and 3. develop a norm table that can determine the level of social anxiety.

This study utilized the stratified-proportional sampling method of data gathering. Two try-outs were carried out to determine the domains, psychometric properties and establish the norm tables of the scale. The first try-out was administered to fifty CvSU students to determine the domains of the scale. Exploratory Factor Analysis (EFA) extracted the domains and trimmed the 82-item scale to 19 items. The second try-out was administered to 400 students and determined the reliability and established the norm table of the scale. The development of the social anxiety scale is a 19-item scale composed of three factors namely: the person's thinking, feeling and acting upon being into social events or interactions. These three factors, individually, showed low reliability but when combined, the overall reliability of the scale was found to be of acceptable degree. A six-level classification norm table was established to determine the level of social anxiety based on the scores obtained by the scale.



Additional items, validity, reliability testing, establishment of norm table for wider scope and the creation of a manual was recommended for further development of this social anxiety scale.

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