

***"TARA, WALWAL": DRINKING FREQUENCY AND ANXIOUSNESS LEVEL OF  
SELECTED STUDENTS IN CAVITE STATE  
UNIVERSITY- INDANG, CAVITE***

Undergraduate Thesis  
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*"Tara, walwal": drinking frequency and  
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## ABSTRACT

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The study sought to determine the drinking frequency of the students; the anxiousness of the students based on their drinking frequency; the significant relationship between drinking frequency and anxiousness level and the significant difference between the anxiousness level of the students in terms of their drinking frequency.

The study made use of descriptive correlational- comparative method. Instruments used in data gathering were the adapted 10-item Alcohol Consumption Scale to measure the drinking frequency and the 21- item multiple-choice self-report Beck Anxiety Inventory created by Aaron T. Beck and his other colleague.

Using the random stratified sampling technique, participants were determined, which consisted of 150 college students. The statistical measures employed were One Way ANOVA in determining the significant difference between two variables and Spearman Ranking Correlation in determining the significant relationship between the two variables.

Based on the findings, most of the students drinks alcohol once a week, followed by those who drinks twice a week, and lastly are those who drinks thrice a week. The study also revealed that the more frequent the students drinks alcohol, the lower their anxiousness level gets; while those who drinks less frequent got a moderate level of anxiousness.



The study further determined that the difference in drinking frequency creates a significant difference in terms of anxiousness level and there is as significant correlation between the drinking frequency and anxiousness level of the students.



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