SELF-ESTEEM, ANXIETY LEVEL AND ACADEMIC PERFORMANCE OF TRANSFEREE STUDENTS OF BS PSYCHOLOGY PROGRAM IN CAVITE STATE UNIVERSITY SYSTEM

THESIS

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ABSTRACT

BALATIAN, JAINECA P., BAYBAY, EDILIE MAE S., MOLINA, KIMBERLY N. Self Esteem, Anxiety Level and Academic Performance of Transferee Students of BS Psychology Program in Cavite State University System. Undergraduate Thesis.Bachelor of Science in Psychology.Cavite State University Indang, Cavite. May 2017. Thesis Adviser: Ms Mary Sol Abad.

Thisstudy ought to determine whether self-esteem and anxiety level has a significant relationship to academic performance. It specifically aimed to determine the level of self-esteem, level of anxiety, what is the academic performance of BS Psychology transferee students and know if there is significant relationship between level of self-esteem and anxiety level, level of self-esteem and academic performance and anxiety level and academic performance.

The study made use of descriptive correlational design (quantitative approach) which involved 82 transferee students enrolled under BS Psychology Program from Cavite State University System. The results revealed that BS Psychology transferee students have high level of self-esteem, low anxiety level and very good academic performance.

Lastly, it was found that the level of self-esteem and anxiety level had a significant relationship. This implies that transferee students see themselves that they are able to do things most especially in front of other people without any hesitations or conflicts. The level of self-esteem and academic performance had no significant relationship. This means that transferee students believed that their level of self-esteem does not reflect their performance because they are able to accomplish things and talk in front of others without any hesitations. Also, they knew that there are various predictors

of student's academic performance such as his effective studying styles, environment or even budgeting his time to focus with his studies. On the other hand, the anxiety level and academic performance showed no significant relationship. It means that the anxiety level of transferee students does not affect their academic performance. Transferee students believed that their academic performance depends on their effective and motivational strategies and not on their anxiety level.

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INTRODUCTION

Transferee students are distinct than any other population of college students. They arrive at their new institution with some academic and campus life experience, but have no experience in navigating their new college or university. According to Yuhas, (2014), transferee students often have higher standards placed on them from administrators, but in some aspects they need as much assistance as incoming freshmen

Every new adjustment is a crisis in self-esteem. In 2007, Hoffer's statement shows that any changes that come in life could lead and can affect self-esteem of an individual. Self-esteem described an individual's subjective evaluation of his or her worth as a person. Orth& Robins (2013) believed that important function of self-esteem includes psychological well-being but it was closely tied to one's family and environment, including social and economic background. Conversely, low self-esteem is related to depression, anxiety and loneliness while high self-esteem is associated with