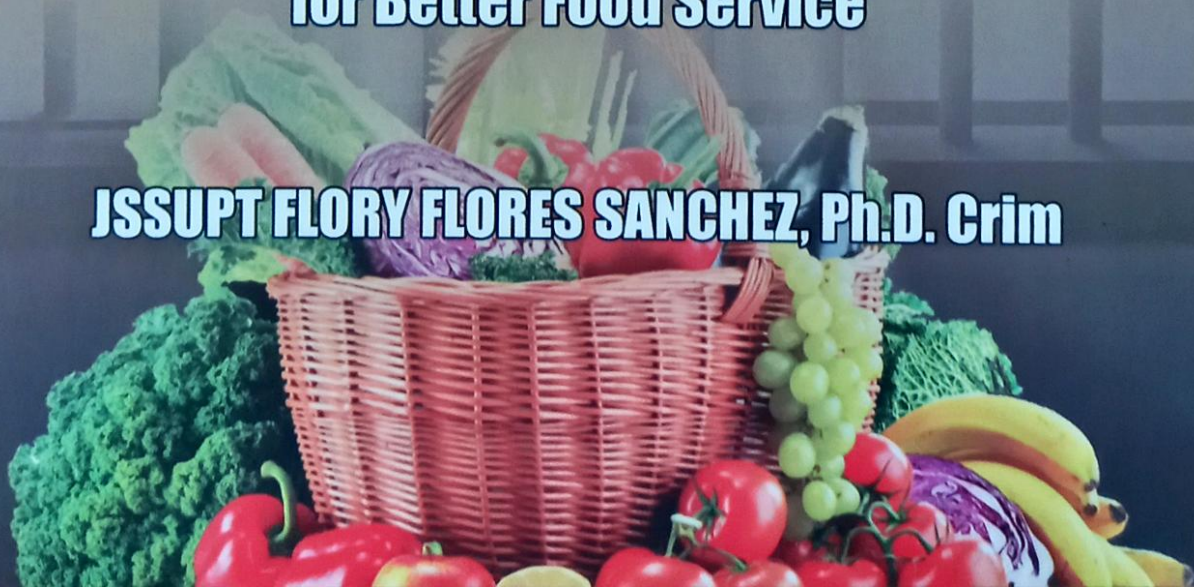




# **PERSONS DEPRIVED OF LIBERTY**

**A Guide to Food Safety and Cookery  
for Better Food Service**

**JSSUPT FLORY FLORES SANCHEZ, Ph.D. Crim**

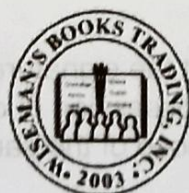


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**A Guide to Food Safety and Cookery  
for Better Food Services**

**JSSupt Flory Flores-Sanchez, Ph.D. Crim**

0520



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## ABOUT THE AUTHOR



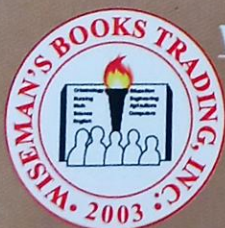
**JAIL SENIOR SUPERINTENDENT FLORY FLORES-SANCHEZ**, is the former Assistant Regional Director for Administration and Operation of the Bureau of Jail Management and Penology Region 2 and the Regional Food Council Chairman. She is a graduate of Food Safety Training at Foodshop Ansi and DOH accredited for Food Safety Trainings in Alabang, Muntinlupa City, Philippines. She holds a Doctor of Philosophy degree in Criminology from the Philippine College of Criminology. She also finished her MA in Criminology from the same school.

While her degree in BS Criminology was taken from Cagayan Colleges Tuguegarao in 1994, now known as University of Cagayan Valley. Our Author is also a holder of Bachelor of Science in Public Safety as she is an alumna and a Cadette of the Philippine National Police Academy (PNPA) under the Philippine Public Safety College in 1996.

She has held many designations before she became an accomplished Warden, not only for female PDLs but mostly, for male PDLs, in R4-A and NCR. At present, SSUPT FLORY SANCHEZ Ph.D, is now the Deputy Director of the office of the Directorate, Welfare Development, as well as the focal person for the Enhanced Partnership Against Hunger and Poverty (EPAHP).

*Food fascinates our author... since her younger years, she sworn to taste all the food she can afford, she promised herself to buy all that she never has tasted soon as she gets her job. True to her promise, soon as she gets her first pay, she went tasting all the food she could afford, from chain food to restaurants big or small, serving native or foreign food, to her delight. Seeing the importance of food to life, to everyone, the rich, the poor, even to the lowliest and those who are inside the jail languishing for detention or for serving their sentences, she being in the field of Corrections, and became a warden for long period, finds it necessary that no one should be deprived of his right to food, not just to have something to fill the stomach, the hunger, but it must be that will sustain life, enough to give strength to face and stand the rigors of being incarcerated.*

**"Food is essential for life, therefore make it best"**



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