

GENDER ROLE STRESS, SELF-EFFICACY, SELF ESTEEM
AND PARENTING STYLE OF HOUSEHUSBANDS
IN SELECTED URBAN AREAS OF CAVITE

THESIS

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PARENTING STYLE OF HOUSEHUSBANDS IN SELECTED
URBAN AREAS OF CAVITE**

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ABSTRACT

ACOSTA, FAOLA MAE A., BARAQUIA, JESSAMY ANN C., GARCIA, JOANE JOYCE A., Gender role stress, self-efficacy, self-esteem and parenting style of the househusbands in selected urban areas of Cavite. Undergraduate thesis Bachelor of Science in Psychology, Cavite State University, April 2017. Adviser: Armi Grace B. Desingano, MAEd, RPm, LPT.

The study determined the gender role stress, self-efficacy, self-esteem and parenting style of the househusbands in selected urban areas of Cavite. Specifically, it aimed to enumerate the parenting style of househusbands; determine if there is a significant relationships between gender role stress level and self efficacy, gender role stress level and self esteem level, and gender role stress level to parenting style. Descriptive-correlational research design was used in the study. One hundred nine (109) househusbands participated in the study. The results revealed that the househusbands are experiencing an average level in terms of gender role stress, they were high in self-esteem and self-efficacy and the most prominent parenting style was authoritative. Test of relationship revealed that the gender role stress and self-esteem has a significant relationship while gender role stress and self-efficacy of the participants has no significant relationship. On the other hand, the parenting style authoritative and authoritarian has a significant relationship with gender role stress while both permissive and uninvolved has no significant relationship with gender role stress.

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INTRODUCTION

The society expects people to act based on their gender roles. Thus, people are aware of norms set by the society for a particular gender and not following these norms seem like a big deal for some. Nowadays, the Philippines is dealing with a lot of social and gender related issues and these are the problems that Filipinos encountering at present. Assuming that a man performs the common duties of a woman or vice versa, people will immediately comment or judge them about it. It can either be a positive or a negative comment depending on the situation. But still, some view this as if that person is violating a serious law. For example, heterosexual men who perform female stereotypic behaviors are often misclassified as gay. This identity misclassification is aversive because it threatens fundamental psychological needs of an individual (Bosson et al., 2006 as cited by Ratcliff & Oishi, 2013).