



Psychology of Women and Gender

Zeryl Joy M. Fiscal

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TABLE OF CONTENTS

List of Figures	xi
List of Tables.....	xv
Preface.....	xvii

Chapter 1	Introduction: Psychology and the Mankind.....	1
	• Introduction	1
	• Understanding Psychology of Woman and Gender.....	2
	• Methods of Understanding and Analyzing an Individual's Psychology	3
	• Female Psychology and Gender Psychology	14
	• Society's Perspective Towards Woman's Psychology and Gender Psychology	15
	• Differences Among Feminine and Masculine Psychology	16
	• The Evolution of Women's Psychology with Time and Generation	18
	• Conclusion.....	20
Chapter 2	The Psychology of Gender Differences	23
	• Introduction	23
	• Differential Psychology	24
	• Sex Differences in Human Psychology	25
	• Different Aspects of Male and Female Psychology	26
	• Causes Behind the Differences of Male and Female Psychology	37
	• Conclusion.....	42
Chapter 3	Methods, Theories, and Structure of Women and Gender's Psychology	45
	• Introduction	45
	• Evolution of People's Perspective Towards Woman and Woman's Health.....	47
	• Psychological Theories	48
	• Differentness in the Psychology of Woman of Diverse Background	50

	• Theoretical Models Used to Interpret Gender Differences in Personality	50
	• Conclusion.....	67
Chapter 4	Structure of the Women's Brain and How it Affects their Psychology	69
	• Introduction	69
	• Human Brain and its Structure.....	70
	• Anatomy of the Human Brain.....	71
	• Humans Vs. Other Animals	75
	• Physiology of Human Brain.....	76
	• Differences Between Female Brain and Male Brain and Its Effect on Psychology.....	80
	• Conclusion.....	91
Chapter 5	Mental health and Diverse Perspective of Woman.....	93
	• Introduction	93
	• Mental Diseases in Modern Times	94
	• Women's Mental Health.....	97
	• Types of Mental Diseases:	100
	• Perspective of Women	112
	• Mental Health of Human Beings and Treatments for Mental Illness:	115
	• Conclusion.....	117
Chapter 6	The Evolution of women and gender psychology throughout time.....	119
	• Introduction	119
	• Beginning of Psychological Practices.....	122
	• Beginning of Feminist Psychology	123
	• Psychology Acknowledges Feminism.....	125
	• Feminist Psychology and Embracing Diversity	128
	• Feminist Psychology Remains at the Margins.....	129
	• Development of Feminine Psychology.....	130
	• Future of Feminist Psychology	138
Chapter 7	A Women's Journey of Becoming a Woman from a Young Girl.....	141
	• Introduction	141
	• Developmental Approach.....	142
	• Physical Development.....	145

	• Influences of the Girl's Life	151
	• Woman in Mid Life	157
	• Woman's Health at Middle Age	159
	• Grand Parental Role Transition.....	163
	• Conclusion.....	164
Chapter 8	Contributions, Achievements, and Role of Women's Psychology and Personality in Various Fields.....	165
	• Introduction	165
	• Women In Politics and Leadership	167
	• Women as Scientists, Mathematicians, Programmers, Psychologists, Philanthropist and Social Worker.....	176
	• Women in the Creative Sector	194
	• Women in the Corporate World and as Entrepreneurs:	206
	• Conclusion.....	216
Chapter 9	Obstacles, Discrimination, Harassments, and Conflicts Woman Encounter All Around the World	219
	• Introduction	219
	• Theories and Models	221
	• Types of Perpetrators for Sexual Harassment.....	223
	• Domestic Violence	224
	• Types of Intimate Partner Violence	225
	• Reactions of Victims, Outcomes for Victims, and Types of Perpetrators.....	226
	• Causes of Rape.....	227
	• The Impact of Sexual Assault on Mental and Physical Health	231
	• Preventing Rape	235
	• Improving the Community Response to Rape Survivors	236
	• Rape Resistance	238
Chapter 10	Development of Psychology of Women and Gender and Different Perspectives of Psychologists Regarding Women and Gender Psychology	241
	• Introduction	241
	• Women in Psychological Research.....	242
	• Freud and Other Psychoanalytic Influences on the Psychology of Women	243
	• Refutation of Freud's Theory	249

• From The Turn of the Century to the 1950S	254
• The 1950S and the 1960S.....	255
• The 1970S and 1980S	256
• The 1990S to the Present.....	257
• Psychology and Women Today	258
• Conclusion.....	261
References.....	263
Index	277

Psychology of Women and Gender

Psychology is one of the most interesting and important facts about human being. Psychology is the science of behavior and mind embracing all aspects of conscious and unconscious experience as well as thought. It is an academic discipline and a social science which seeks to understand individuals and groups by establishing general principles and researching specific cases. Psychology of every human being differs from individual to individual and it also differs on the basis of gender of human being. Psychology of a human being can be of two kinds which are known as masculine psychology and feminine psychology. Feminine psychology is an approach to psychology that focuses on issues concerning gender, female human identity, and the issues that women face throughout their lives especially social, economic, and political issues. Moreover, feminine psychology is an approach towards understanding the values, beliefs, and thinking processes of a female individual. Women are considered the most complex types of persons because of their physiological differences from their male counterparts. The focus of this book is to analyze the psychology of women. However, the contents of this book go way beyond from explaining the psychological aspects of a woman's mind. The book is divided into ten chapters. These chapters focus on each aspect of a day to day to life of every women in this world. The chapters include the structure of the female brain and the aspects of brain which affects the psychology of women. This text also points out the specific differences between the male brain and the female brain. There are also portions of the text that explains the basic biological, physical, and mental differences between a female individual and a male individual. The text of this book will also explain the reasons behind the differences between male and female psychology and provides enough evidence collected from reliable sources to justify the differentiations. The purpose of this book is also to focus on the achievements of women all around the world to inspire more women to thrive towards their goal successfully. On the other hand, the purpose of this book will also identify the obstacles, conflicts and harassments among women of all nationalities, ethnicity and race all around the globe. This book also focuses on the mental health of women and also identifies the severe mental illnesses that women of face in today's world. The book will also identify the significant changes that have occurred in the field of psychology and feminine psychology over time. Likewise, some prominent psychologists whose theories influenced the field of psychology immensely will be cited and discussed. The information provided here are secondary data, collected from various reliable websites, Wikipedia, Scholarly articles, and research papers. Theories of Sigmund Freud, Karen Horney, and many other prominent psychologists are utilized here to point out the significance of feminine psychology.



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