

**PERSONALITY TRAITS, PSYCHOLOGICAL WELL-BEING AND SELF
CONTROL OF THE POLICE OFFICERS IN NATIONAL POLICE
COLLEGE AT PHILIPPINE NATIONAL POLICE ACADEMY**

Undergraduate Thesis
Submitted to the Faculty of
Department of Social Sciences and Humanities
College of Arts and Sciences
Cavite State University
Indang, Cavite

In Partial fulfillment of the
requirements for the degree
Bachelor of Science in Psychology

**FARINA CIELO E. DELA CRUZ
CHERUB ANGENIQUE R. ENCABO**
March 2014

ABSTRACT

DELA CRUZ, FARINA CIELO E. and ENCABO, CHERUB ANGENIQUE R.
Personality Traits, Psychological Well-being and Self-control of the Police Officers
in National Police College at Philippine National Police Academy. Undergraduate
Thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite.
March 2013. Adviser: Mrs. Armi Grace B. Desingano.

The study was conducted to determine the level of personality traits of the participants as categorized into agreeableness, conscientiousness, emotional stability, extraversion, and openness to experience. Another is to find out the level of psychological well-being of the participants as according to autonomy, environmental mastery, personal growth, positive relation with others, purpose in life and self-acceptance; and to determine the level of self-control of the participants.

The study has also determined the level as well as the relationship among personality traits, psychological well-being and self-control of the police officers in National Police College at Philippine National Police Academy.

This study used descriptive-correlational research method to describe and to know the relationship of the given variables. The participants of this study were all of the police inspectors taking up Public Safety Officers Basic Course (PSOBC).

Findings revealed that the police officers had a high level of personality traits, psychological well-being and self-control. It was also found out that there was a significant relationship in general between the personality traits and psychological well-being of the police officers. In addition, the results revealed that there was no significant relationship between the personality traits and self-control of the participants. Lastly, the findings suggested that there was a significant relationship between the dependent variables which were the psychological well-being and self-control of the police officers.

TABLE OF CONTENTS

	Page
TITLE PAGE	i
APPROVAL SHEET	ii
BIOGRAPHICAL DATA	iii
ACKNOWLEDGMENT	v
ABSTRACT.....	vii
TABLE OF CONTENTS	viii
LIST OF TABLES	x
LIST OF FIGURES	xi
LIST OF APPENDICES	xii
INTRODUCTION	1
Statement of the Problem	6
Theoretical Framework	7
Conceptual Framework	12
Hypotheses	15
Objectives of the Study	15
Importance of the Study	16
Scope and Limitations of the Study	18
Definition of Terms.....	18
REVIEW OF RELATED LITERATURE	23
Synthesis	55
METHODOLOGY	58

Research Design	58
Sampling Procedure	58
Participants of the Study	59
Data Gathering Procedure	59
Research Instrument	60
Statistical Analysis	69
RESULTS AND DISCUSSION	71
SUMMARY, CONCLUSION AND RECOMMENDATION	92
Summary	92
Conclusion	94
Recommendation	95
REFERENCES	97
APPENDICES	100