





وداع عدد

# PERCEPTION TOWARDS PHYSICAL EDUCATION OF BUNA LEJOS ELEMENTARY SCHOOL INTERMEDIATE STUDENTS S.Y 2018 – 2019

Undergraduate Thesis
Submitted to the Faculty of the
College of Sports Physical Education and Recreation
Cavite State University
Indang, Cavite

In partial fulfilment of the requirements for the degree Bachelor of Sports and Recreational Management



Perception towards physical education of Buna Lejos Elementary School intermediate 613.7 M72 2019 T-8148

JAYVEE S. MOJICA RUSSEL D. MARASIGAN June 2019

#### ABSTRACT

MOJICA, JAYVEE S. and MARASIGAN, RUSSEL D. Perception Towards Physical Education of Buna Lejos Elementary School Intermediate Students, S.Y, 2018 – 2019. Undergraduate Thesis. Bachelor of Sports and Recreational Management. Cavite State University, Indang, Cavite. June 2019, Adviser :Prof. Clark L. Costa.

The study was conducted from January to April 2019 at Buna Lejos Elementary School, Indang, Cavite, to determine the perception towards physical education of Buna Lejos Elementary School intermediate students. Specifically, the study aimed to: 1. determine the demographic profile of the respondents in terms of age, sex and grade level; 2. determine the perception towards physical education of the intermediate students of Buna Lejos in terms of Understanding, Participation and Outcome. 3. Identify if there is significant difference in the Perception towards Physical Education of the intermediate students of Buna Lejos Elementary School. And 4. Identify also the significant relationship between the Perception Education of the intermediate students of Buna Lejos Elementary School and their demographical profile.

The participants were 125 students of Buna Lejos Elementary School for S.Y 2018 – 2019. A survey questionnaire was used to gather the data needed in the study.

The researchers used Total Enumeration to determine the number of the participants. The study made use of descriptive method of research. The data gathered were subjected to statistical treatment.

This study benefits the students, teachers, and future researchers. This study gives them further information about the perception towards physical education in Buna Lejos Elementary School intermediate students, it can also be their source of information.

The result showed that there is significant relationship in the perception towards physical education of the intermediate students of Buna Lejos Elementary

School and their demographical profile. And there is a significant difference in perception towards Physical Education in terms of understanding, participation and outcome.

## TABLE OF CONTENTS

	Page	
BIOGRAPHICAL DATA		
ACKNOWLEDGMENT		
ABSTRACT		
LIST OF TABLE		
INTRODUCTION		
Statement of the Problem	5	
Objectives	5	
Hypotheses	5	
Scope and Limitation of the Study	6	
Significance of the Study	6	
Definition of Terms	7	
Theoretical and Conceptual Frame Work	8	
REVIEW OF RELATED LITERATURE		
METHODOLOGY		
METHODOLOGY		
Research Design	. 21	
Population and Sampling	21	
Participants of the Study	21	
Research Instrument	21	
Data Gathering Procedure	22	
Statistical Treatment of Data	23	
Ethical Consideration	25	
RESULT AND DISCUSSION		
SUMMARY, CONCLUSION, AND RECOMMENDATION		
Summary	0.4	
J	34	

Conclusion	3
Recommendation	38
REFERENCES	
APPENDICES	35

#### LIST OF TABLES

Table		Page
1	Scale used in the analysis of data	22
2	Respondents profile according to age	26
3	Respondents profile according to sex	26
4	Respondents profile according to grade level	27
5.1	Understanding of physical education	27
5.2	Participation in physical education	28
5.3	Outcome of students in physical education	30
6	Difference in the perception towards physical education	31
7	Relationship of perception towards physical education	32

# PERCEPTION TOWARDS PHYSICAL EDUCATION OF BUNA LEJOS ELEMENTARY SCHOOL INTERMEDIATE STUDENTS S.Y 2018 – 2019

### Jayvee S. Mojica Russel D. Marasigan

#### INTRODUCTION

The role of Physical Education in elementary curriculum is to educate a student in many ways. Claims of educating students in physical education are found in the affective, cognitive and psychomotor domains. First, the affective domain focuses on students' feelings, attitudes, and values about movement. Learning in this domain is difficult to measure because it takes place internally. Next we have the cognitive domain addresses the development of content knowledge and intellectual skills. Teaching and learning in the cognitive domain is essential in PE, as without it, students are less likely to understand rules or develop strategies to excel in activities, sports, and games. Finally we have the psychomotor domain refers to the physical aspects of learning. It addresses motion, reflexes, and how muscles are engaged during physical activity. In PE classes, students build a number of psychomotor skills, including reflexive skills, perceptual abilities, and complex, higher-order skills that require a combination of physical abilities to yield a motion. PE activities to engage students in the Three Domains of Learning (2016).

Today, students are expressing positive feelings about Physical Education.

Forming to them, Physical Education is fun because of new and interesting games

learned to play and learning how to do these activities. Some said this can be