

Bread & Pastry

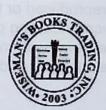
Dr. Rene D. Osorno Dr. Grayfield T. Bajao



Bread & Pastry

Dr. Rene D. Osorno Dr. Grayfield T. Bajao

3112



Wiseman's Books Trading, Inc.

Philippine Copyright, 2019

By:

Wiseman's Books Trading, Inc.

and

Dr. Rene D. Osorno Dr. Grayfield T. Bajao

PUBLISHED AND DISTRIBUTED BY: WISEMAN'S BOOKS TRADING, INC.

ISBN: 978-621-418-065-3

All Rights Reserved

No part of this book may be reproduced or transmitted in any form or by means, electronic or mechanical, including photocopying, recording or by any information storage and retrieval system, without permission in writing from the publisher and author.

Any copy of this book without the signature of the author is considered from illegal source or is in possession of one who has no authority to dispose of the same.

Table of Contents

Acknowledgement		
Introduction		"
		li
CHAPTER	TOPIC	
1	The History of Baking	1
	Learning Objectives	1
	Baking, Meaning	2
	Exercise # 1	1 2 5 7
-	Laboratory # 1 – Molasses Cookies	/
2	Principles Involved in Baking	9
	Learning Objectives Baking Terms	9
	Abbreviations and Symbols	11
	Measurements and Equivalents	17
	Ingredients in Baking	12 12 13 15
	Techniques in Baking	13
	Type of Cookies Exercise # 2	15
	Laboratory # 2 – Peanut Butter Cookies	19
3	Prepare and Present Gateaux, Tortes	
	and Cakes	21
	Types of Cakes	22
	Main Ingredients Used in Cakes	23
	Guidelines in Making Cakes Types of Icing	24 25
	Steps of Making Meringue	26
	Exercise # 3	27
	Laboratory # 3 – Mocha Hearts	29
	Laboratory # 4 – Christmas Cut-out Cookies	30
	Laboratory # 5 – Chocolate Orange Angel Food Cake	31
	Laboratory # 6 – Old Fashion Fruit Cake	32
	Laboratory # 7 – Chocolate Cappuccino	
	Coffee Cake Laboratory # 8 – Black Forest Gateau	33
		34
4	Prepare Desserts Learning Objectives	37
	Meaning, Pastries	37 38
	Ingredients of Pastry Crusts	38
	Types of Pastry Crusts	39
	Special Pastries Methods of Finishing Ric Crusts	40
	Methods of Finishing Pie Crusts	40

	Kinds of Filling	41
	Meaning, Breads	42
	Kinds of Breads	42
	Ingredients in Bread Making	42
	Types of Yeast	43
	Methods of Mixing Bread Dough	44
	Mixing Process in Bread Making	44
	Rising the Dough	45
	Punching the Dough	45
	Resting the Dough	46
	Exercise # 4	47
	Laboratory # 9 – French Pineapple Pie	49
	Laboratory # 10 - Buko Cream Tarts	50
	Laboratory # 11 – Pineapple Tarts	51
5	Prepare and Display Petit Four	53
	Learning Objectives	53
	Meaning, Petit Four	54
	Categories of Petit Four	54
	Decorating Ideas	55
	Classification of Petit Four	55
	Meaning, Fondant	56
	Classification of Fondant	56
	Exercise # 5	57
	Laboratory # 12 – Petit Four	59
	Laboratory # 13 – Pound Cake Petit Four	60
	Laboratory # 14 – Chewy Toffee Almond Bars	61
	Laboratory # 15 – Cream Puff Pastry	62
	Laboratory # 16 – Sabayon	63
	Laboratory # 17 – Raisin Bread	64
	Laboratory # 18 – Pineapple Cup Cake	65
	Laboratory # 19 – Peach Ice Cream	66
Bibliography		67

ABOUT THE AUTHORS



Dr. Rene D. Osorno

- Doctor of Education Major in Institutional Planning University of Cebu. Sanciangco St. Cebu City (Graduated May 2015)
- Masters of Science in Hotel and Restaurant Management Philippine Womens University, Taft Avenue, Manila (Graduated 2014)
- Masters in Business Education University of San Jose Recoletos, Magallanes St. Cebu City (Graduated 2002)
- Bachelor of Business Australian Catholic University, Sydney Australia (Graduated 1996)
- Bachelor of Science in Hotel and Restaurant Management University of San Jose Recoletos. Magallanes St. Cebu City (Graduated 1992 Magna cum Laude)

Employment

- Dean College of Hotel and Restaurant Management and College of Tourism University of Cebu - Banilad Campus - 2005-till present
- Faculty Graduate School of Business and Management University of Cebu-Main Campus -2010 till present
- Dean College of Hotel and Restaurant Management University of Cebu Main Campus 2002
- Faculty College of Hotel and Restaurant Management University of Cebu Lapulapu and Mandaue - 1998-2002



Dr. Grayfield T. Bajao

With a career that spans 18 years in the academe and more than 10 years in the hospitality industry, Dr. Grayfield T. Bajao has become one of the prime movers of the University of Cebu System particularly for the College of Hotel & Restaurant Management. He was also instrumental in the establishment of the Technical Education Training and Assessment Center thereby strengthening the Cocational-Technical Programs, he was awarded as the National TESDA Idol in the year 2015 besting other nominees from all over the Philippines. Apart from being a well-

seasoned academician especially in the field of hospitality education, he is also a well-rounded industry practitioner having worked in various hospitality establishments in Cebu City and ManilaCity, Philippines.



WISEMAN'S BOOKS TRADING, INC.

Unit 302, 3rd Floor, DM Building #32 Visayas Ave., Corner Congressional Ave., Project 6, Quezon City Tel. No.: (02) 425-3368 ; Telefax: (02) 738-1038 E-mail Address: wisemanbooks@yahoo.com

