

**SELF-ESTEEM, MOTIVATION AND OPTIMISM LEVEL OF SELECTED  
MEMBERS OF TAGAYTAY CITY FEDERATION OF  
PERSONS WITH DISABILITY, INC.**

Undergraduate Thesis  
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## **ABSTRACT**

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The study was conducted to find out the relationship between self-esteem, motivation and optimism of selected members of Tagaytay City Federation of Persons with Disability, Inc. (TCFPWDI). Specifically, this study aimed to determine the: 1) level of self-esteem of the respondents; 2) level of motivation of the respondents; 3) optimism level of the respondents; 4) relationship between self-esteem and motivation; 5) relationship between motivation and optimism; and 6) relationship between self-esteem and optimism of the respondents.

A descriptive-correlational design was used in this study wherein the variables were studied in a sample of 86 selected members of TCFPWDI from December 2011 to February 2012 using modified questionnaires. The questionnaire was divided into four (4) parts. The first part includes the profile of the respondents such as age, gender, civil status, occupation and type of disability. The second part is the Self-esteem Inventory with 60 items to determine the level of self-esteem of the respondents and 3 qualitative questions. Third part is the Motivation Scale composed of 57 items to identify the level of motivation and 3 qualitative questions. Measuring Optimism Test is the fourth part which has 49 items to determine the level of optimism of the respondents and 3 qualitative



questions. The mean responses for each variable were determined, and their relationships were explored.

The results revealed that majority of the respondents have high level of self-esteem. Most of the respondents also have high level of motivation and high level of optimism. It was found out that there is a significant relationship between self-esteem and motivation. Motivation and optimism were also found to be significantly related while self-esteem and optimism were not significantly related.



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