

# **SOCIAL WORK**

An orange silhouette of a person stands on a yellow ladder that extends from a lower cloud to a higher cloud. The person is reaching up towards the higher cloud.

**AN INTRODUCTION**

**2<sup>ND</sup> EDITION**

A green silhouette of a person stands on a yellow ladder that extends from a lower cloud to a higher cloud. The person is reaching up towards the higher cloud.A red silhouette of a person stands on a yellow ladder that extends from a lower cloud to a higher cloud. The person is reaching up towards the higher cloud.

**EDITED BY  
JOYCE LISHMAN, CHRIS YUILL  
JILLIAN BRANNAN & ALASTAIR GIBSON**

A dark blue silhouette of a person stands on a yellow ladder that extends from a lower cloud to a higher cloud. The person is reaching up towards the higher cloud.

online  
resources 





# **SOCIAL WORK**

**AN INTRODUCTION**

**2<sup>ND</sup> EDITION**

**EDITED BY**

**JOYCE LISHMAN, CHRIS YUILL  
JILLIAN BRANNAN & ALASTAIR GIBSON**

 **SAGE**

Los Angeles | London | New Delhi  
Singapore | Washington DC | Melbourne





Los Angeles | London | New Delhi  
Singapore | Washington DC | Melbourne

SAGE Publications Ltd  
1 Oliver's Yard  
55 City Road  
London EC1Y 1SP

SAGE Publications Inc.  
2455 Teller Road  
Thousand Oaks, California 91320

SAGE Publications India Pvt Ltd  
B 1/1 1 Mohan Cooperative Industrial Area  
Mathura Road  
New Delhi 110 044

SAGE Publications Asia-Pacific Pte Ltd  
3 Church Street  
#10-04 Samsung Hub  
Singapore 049483

Editor: Kate Keers  
Development editor: Sarah Turpie  
Editorial assistant: Talulah Hall  
Assistant editor, digital: Chloe Statham  
Production editor: Katie Forsythe  
Copyeditor: William Baginsky  
Proofreader: David Hemsley  
Indexer: Silvia Benvenuto  
Marketing manager: Camille Richmond  
Cover design: Wendy Scott  
Typeset by: C&M Digital (P) Ltd, Chennai, India  
Printed in the UK

Introduction and editorial arrangement © Joyce Lishman, Chris Yuill, Jillian Brannan and Alastair Gibson 2018

- |   |   |
|---|---|
| Chapter 1 © Julian Bell   | Margaret Junner, Steve Morrison and William Rae           |
| Chapter 2 © Heather Munro   | Chapter 17 © Tuck-Chee Phung                              |
| Chapters 3 and 31 © Mike Maas-Lowit   | Chapter 19 © George Allan                                 |
| Chapter 4 © Megan Todd and Chris Yuill  | Chapter 20 © Dave Humphrey                                |
| Chapter 5 © Chris Yuill   | Chapter 21 © Jeremy Millar                                |
| Chapter 6 © Carmen-Maria Fyfe   | Chapter 22 © Neil Gibson                                  |
| Chapter 7 © Stewart Brodie and Clare Swan   | Chapter 23 © Neil Gibson and Inga Heyman                  |
| Chapter 8 © Sheila Slesser and Jenny Blair  | Chapter 24 © Anne Shirran                                 |
| Chapter 9 © Chris Yuill, Natascha Mueller-Hirth, Sarah Buckler, Leslie Mabon, Iain Turnbull and Joyce Lishman | Chapter 25 © Steve Smith, Jim Dressel and Jillian Brannan |
| Chapters 10 and 18 © Angela Hart  | Chapter 26 © Fiona Feilberg                               |
| Chapter 11 © Jillian Brannan  | Chapter 27 © Linda Harms-Smith and Sarah Buckler          |
| Chapter 12 © Janine Bolger and Patrick Walker   | Chapter 28 © Jillian Brannan                              |
| Chapter 13 © Kirstin Parkes and Mike Shepherd   | Chapter 29 © Sharon Munro and Patrick Walker              |
| Chapter 14 © Ruth Taylor and Jillian Brannan  | Chapter 30 © Claire Marsden                               |
| Chapter 15 © Jillian Brannan, Jill Campbell and Alastair Gibson   | Chapter 32 © Isobel Townsend                              |
| Chapter 16 © Jillian Brannan, Denise Cromar, Simon Gardner,   | Chapter 33 © Sheila Slesser                               |
|   | Chapter 34 © Fiona Feilberg                               |
|   | Chapter 35 © Iain Fisk and Rory Lynch                     |
|   | Chapter 36 © Joyce Lishman                                |

First edition published 2014

This second edition first published 2018

Apart from any fair dealing for the purposes of research or private study, or criticism or review, as permitted under the Copyright, Designs and Patents Act, 1988, this publication may be reproduced, stored or transmitted in any form, or by any means, only with the prior permission in writing of the publishers, or in the case of reprographic reproduction, in accordance with the terms of licences issued by the Copyright Licensing Agency. Enquiries concerning reproduction outside those terms should be sent to the publishers.

Library of Congress Control Number: 2017953214

British Library Cataloguing in Publication data

A catalogue record for this book is available from the British Library

ISBN 978-1-4739-9455-3  
ISBN 978-1-4739-9456-0 (pbk)

At SAGE we take sustainability seriously. Most of our products are printed in the UK using FSC papers and boards. When we print overseas we ensure sustainable papers are used as measured by the PREPS grading system. We undertake an annual audit to monitor our sustainability.

# CONTENTS

<i>About the Editors</i>	viii
<i>Acknowledgements</i>	ix
<i>How to use your book &amp; its online resources</i>	x
<i>Introduction</i>	xii
<i>Relating Knowledge to Practice Frameworks</i>	xvi
 <b>Part 1: Knowledge Base</b>	 <b>1</b>
1 Values and ethics <i>Julian Bell</i>	3
2 Law <i>Heather Munro</i>	19
3 Politics and social policy <i>Mike Maas-Lowit</i>	46
4 Sociology <i>Megan Todd and Chris Yuill</i>	61
5 Material circumstances, poverty and income inequality <i>Chris Yuill</i>	79
6 Psychological approaches: their application and relevance to social work <i>Carmen-Maria Fyfe</i>	94
7 Human growth and development <i>Stewart Brodie and Clare Swan</i>	110
8 Communication and ICT <i>Sheila Slessor and Jenny Blair</i>	124
9 An introduction to social science research for social work <i>Chris Yuill, Natascha Mueller-Hirth, Sarah Buckler, Leslie Mabon, Iain Turnbull and Joyce Lishman</i>	141
10 Reflective practice <i>Angela Hart</i>	153



<b>Part 2: Assessment and Joint Working</b>	<b>171</b>
11 Generic issues in assessment and managing uncertainty <i>Jillian Brannan</i>	173
12 Models of assessment <i>Janine Bolger and Patrick Walker</i>	190
13 Risk assessment <i>Kirstin Parkes and Mike Shepherd</i>	206
14 Interprofessional practice <i>Ruth Taylor and Jillian Brannan</i>	221
15 Teamwork <i>Jillian Brannan, Jill Campbell and Alastair Gibson</i>	237
16 The voice of service users and carers <i>Jillian Brannan, Denise Cromar, Simon Gardner, Margaret Junner, Steve Morrison and William Rae</i>	251
<b>Part 3: Models of Intervention</b>	<b>265</b>
17 Relationship-based social work <i>Tuck-Chee Phung</i>	267
18 Crisis intervention <i>Angela Hart</i>	280
19 Cognitive behavioural therapy: its practice and its place in social work <i>George Allan</i>	296
20 Task-centred intervention <i>Dave Humphrey</i>	311
21 Working in the life space <i>Jeremy Millar</i>	325
22 Person-centred planning and personalisation <i>Neil Gibson</i>	339
23 Narrative therapy <i>Neil Gibson and Inga Heyman</i>	353
24 Motivational interviewing <i>Anne Shirran</i>	365
25 The solution-focused approach <i>Steve Smith, Jim Dressel and Jillian Brannan</i>	380
26 Counselling in social work <i>Fiona Feilberg</i>	395

27 Community practice in social work <i>Linda Harms-Smith and Sarah Buckler</i>	409
<b>Part 4: Practice Contexts and Application</b>	<b>425</b>
28 Generic issues in practice contexts <i>Jillian Brannan</i>	427
29 Working with children and young people <i>Sharon Munro and Patrick Walker</i>	434
30 Methods of intervention in working with individuals with substance problems <i>Claire Marsden</i>	450
31 Working with adults: mental health <i>Mike Maas-Lowit</i>	466
32 Working with adults: criminal justice social work <i>Isobel Townsend</i>	478
33 Working with adults: disability and sensory impairment <i>Sheila Slesser</i>	489
34 Working with adults: learning disability <i>Fiona Feilberg</i>	502
35 Social work interventions with older people <i>Iain Fisk and Rory Lynch</i>	515
36 Evaluation <i>Joyce Lishman</i>	533
<i>Conclusion</i>	543
<i>Glossary</i>	544
<i>Appendix: About the Authors</i>	553
<i>References</i>	561
<i>Index</i>	596



*'As a social work student I find  
this book particularly helpful in assisting me  
with linking theory to practice, especially while on placement.  
I would highly recommend this as a core book to all my fellow students!'*  
**JONATHAN JOYCE, SOCIAL WORK STUDENT, BOURNEMOUTH UNIVERSITY**

**DO YOU WANT TO MAKE THE BEST START IN YOUR CAREER AS A SOCIAL WORKER?  
THEN YOU HAVE COME TO THE RIGHT PLACE!**

**PACKED FULL OF CASE STUDIES, EXERCISES AND TOOLS FOR REAL LIFE PRACTICE,  
THIS BOOK WILL EQUIP YOU WITH EVERYTHING YOU NEED TO KNOW IN YOUR  
FIRST YEAR AND BEYOND. IT WILL HELP YOU TO:**

- GET TO GRIPS WITH THE ESSENTIAL KNOWLEDGE AND SKILLS BASE.
- DEVELOP A RANGE OF TOOLS FOR PRACTICE WITH DIFFERENT SERVICE USER GROUPS.
- ENHANCE YOUR CRITICAL THINKING AND APPLY YOUR LEARNING IN PRACTICE.
- RELATE YOUR KNOWLEDGE TO DIFFERENT PRACTICE FRAMEWORKS THROUGHOUT THE UK.
- DEEPEN YOUR UNDERSTANDING AND POTENTIAL WITH GUIDANCE FOR FURTHER LEARNING AND DEVELOPMENT.

**PLUS FREE ONLINE RESOURCES TO SUPPORT YOUR LEARNING STYLE:  
FIND VOICE VIDEOS, A SKILLS HUB, HANDY EXERCISES AND SAGE JOURNALS AT  
[HTTPS://STUDY.SAGEPUB.COM/LISHMAN2E](https://study.sagepub.com/lishman2e)**

**THE EDITORS**

**JOYCE LISHMAN, CHRIS YUILL, JILLIAN BRANNAN AND ALASTAIR GIBSON**

online  
resources 

 **SAGE** [www.sagepublishing.com](http://www.sagepublishing.com)  
Los Angeles | London | New Delhi | Singapore | Washington DC | Melbourne

ISBN: 978-1-4739-9945-0



9 781473 994560

COVER DESIGN BY WENDY SCOTT