

PSYCHOLOGICAL WELLBEING AND ACHIEVEMENT GOAL AS
PREDICTORS OF ACADEMIC ACHIEVEMENT OF HIGH
ACHIEVING GRADE 9 AND 10 STUDENTS IN
SELECTED HIGH PERFORMING HIGH
SCHOOLS IN CAVITE

THESIS

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THESIS/SP 370.1 B32 2016

April 2016

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SCHOOLS IN CAVITE**

Undergraduate Thesis
Submitted to the Faculty of the
College of Arts and Sciences
Cavite State University
Indang, Cavite

In partial fulfillment of the
requirements for the degree
Bachelor of Science in Psychology



00010127

*Psychological well-being and achievement
goal as predictors of academic achievement*
370.1 B32 2016
T-6446

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April 2016

ABSTRACT

BAUTISTA, LEONA L., DILI, NICETTE MAE Q., FLORES, CIELO MAE T.
Psychological Well-being and Achievement Goal as Predictors of Academic Achievement of High Achieving Grade 9 and 10 Students in selected High Performing High-Schools in Cavite. Undergraduate Thesis. Bachelor of Science in Psychology. Cavite State University, Indang, Cavite. April 2016. Thesis Adviser: Cecilia B. Banaag, PhD.

This study sought to determine the level of psychological well-being and achievement goal of high achieving grade 9 and 10 students at Cavite State University Science High school, Tagaytay City National Science High school, Trece Martires City National High School, and Cavite National Science High School. Specifically, it aimed to: determine the level of psychological well-being of high achieving grade 9 and 10 students in terms of autonomy, environmental mastery, personal growth, positive relations with others, purpose in life and self-acceptance; determine the level of achievement goal of high achieving grade 9 and 10 students in terms of mastery goal, performance goal performance avoidance; determine the level of academic achievement of high achieving grade 9 and 10 students in terms of their average on the second grading; determine the level of relationship of the variables between psychological well-being and academic achievement, and achievement goal and academic achievement; and determine the predictors of academic achievement of high achieving grade 9 and 10 students.

The study made used of descriptive correlational research design. The purposive sampling was used to select the participants. The study involved the participation of 80 high achieving grade 9 and 10 students who were officially enrolled at Cavite State University Science High school, Tagaytay City National Science High school, Trece

Martires City National High School, and Cavite National Science High School, for the School Year 2015-2016.

The study found out that these Grade 9 and 10 students had a very high level of psychological well-being in terms of personal growth and high level in autonomy, environmental mastery, positive relations with others, purpose in life, and self-acceptance. Similarly, these students had a very high level of achievement goal in terms of mastery goal and high level in performance-approach and performance-avoidance goal.

On the other hand, there is a significant relationship in the psychological well-being of high achieving grade 9 and 10 students in terms of autonomy.

Furthermore, the study also discovered that there is a significant relationship in the achievement goal in terms of mastery goal and performance-approach of high achieving grade 9 and 10 students.

The results revealed that the predictors of academic achievement of high achieving grade 9 and 10 students were mastery goal and performance-approach goal.

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An undergraduate thesis manuscript presented to the faculty of the Department of Social Sciences and Humanities, College of Arts and Sciences, Cavite State University, Indang, Cavite in partial fulfilment of the requirements for graduation with the degree of Bachelor of Science in Psychology with Contribution No.____ Prepared under the supervision of Dr. Cecilia B. Banaag.

INTRODUCTION

"The greatest use of a life is to spend it for something that will outlast it"

-William James

Education is a process of living through a continuous reconstruction of experiences. It is the development of all those capacities in the individual, which enable him/her to control environment and fulfill his/her possibilities (Miller *et al.*, 2009). But not all students get equal opportunity to rise on the ladder of education. Each student has a unique personality and unique needs, beliefs and attitudes. Each student enters the class with different background knowledge and different experiences but almost all students wish to stand on first position and victory in the class. But these opportunities find a particular student who is intelligent and devoted to education than others (Hambleton *et al.*, 2005).